

A BEACH HOLIDAY

Summer is a wonderful **season.** We live **close** to the beach and my best friend and I always go for a swim on a Saturday morning.

I bought a new **swimsuit**. It is a bright pink color and I also bought a beautiful **towel**. I always wear my **flip-flops** and **sunglasses** to the **beach**. The sunglasses protect my eyes and I put some **sunscreen** on my **skin**.

My friend is a very good **surfer.** She likes to ride the **waves** on her **surfboard.** She is very good at the water. I am a little scared and prefer to read a book when she goes surfing. The waves are big and two **lifeguards** are always on the **lookout** for people who might

be in **trouble**. They are very good **swimmers**.

We do not stay in the sun too long. My friend wears a **wetsuit** when she surfs. It keeps her body warm and protects her against the **sun's rays**. I wear a **hat** and sit under the **beach umbrella** for some time. The umbrella is quite big.

Sometimes I join my friend and we do some snorkeling. We wear goggles and flippers.

Many people go to the beach on the weekend. The sun gives us a nice tan. We can wear shorts and a T-shirt, a sundress or a beautiful sarong on the beach.

Famous beach holidays are Bali, Mauritius, Seychelles, Thailand, and Indonesia. Many families go on a beach holiday during Christmas. It is a fun holiday, full of activities and parties.

It is very nice to stay in a good **hotel** on the **beach**. You can eat **delicious** food and the **local** people perform some beautiful dances in the evenings. You can sit at the bar and drink a **cocktail**. It is made of **fruit** and **alcohol**.

