



HARD WORK

DAILY ROUTINES

embraced summed workaholic expense results
skip omelette start-up detailed employing

There's no denying that Musk's _____ habits have had a huge impact on the world and yielded tremendous _____. In a statement, Tesla's board said, "Over the past 15 years, Elon's leadership of the Tesla team has caused Tesla to grow from a small _____ to having hundreds of thousands of cars on the road that customers love, _____ tens of thousands of people around the world, and creating significant shareholder value in the process." Elon Musk's daily routine can be _____ up as work, eat, sleep, with work taking up a bulk of that time. With a bedtime of around 1 am, Musk typically wakes up at 7 am, getting 6 to 6.5 hours of sleep, which, he discovered over the years is his sweet spot.

While Musk will usually _____ breakfast to save time — although he will occasionally grab a coffee and an _____ — there's one daily habit that he'll always find time for; showering, which he attributes to the source of many ideas. While Musk has seemingly _____ his workaholic habits and long hours, everyone has a breaking point, and in 2018, it appeared that the breaking point was getting dangerously close for him. In a New York Times profile, Musk _____ workweeks of up to 120 hours, "There were times when I didn't leave the factory for three or four days — days when I didn't go outside," he said. "This has really come at the _____ of seeing my kids. And seeing friends."

Source: www.balancethegrind.co
<https://balancethegrind.co/daily-routines/elon-musk-daily-routine/>

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Follow-up Discussion

1. What do you know about Elon Musk?
2. What do you think of working a 100-hour week?
3. Do you know any workaholics? What makes them work so much?
4. How would you like to change the world?
5. What kind of company would you like to be CEO of?
6. Should children have part-time jobs?
7. Do you think governments should set a limit on the number of hours that people work?
8. What job would you hate to have?
9. Do you think it's more fun to be a student or go to work?
10. Would you like to be President of your country?

Teacher's Key

DAILY ROUTINES

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While Musk will usually **skip** breakfast to save time — although he will occasionally grab a coffee and an **omelette** — there's one daily habit that he'll always find time for; showering, which he attributes to the source of many ideas. While Musk has seemingly **embraced** his workaholic habits and long hours, everyone has a breaking point, and in 2018, it appeared that breaking point was getting dangerously close for him. In a New York Times profile, Musk **detailed** workweeks of up to 120 hours, "There were times when I didn't leave the factory for three or four days — days when I didn't go outside," he said. "This has really come at the **expense** of seeing my kids. And seeing friends."

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