

Warmup / introduction.



WHAT'S FOR BREAKFAST

1. What time do you get up in the morning?
2. Do you need a long time to get ready in the morning?
3. Are you sometimes late for school or work?

Write this on the board:

Do you eat
breakfast at home?

Students to answer using full sentences:

**use different adverbs of frequency if your students are familiar with them.*

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|-----------------------|------------------------------------|
| I *always eat _____. | I always eat breakfast at home. |
| I *usually eat _____. | I usually eat _____ for breakfast. |
| I *seldom eat _____. | I seldom eat breakfast. |
| I *never eat _____. | I never eat breakfast at home. |

Follow-up Questions

a. Breakfast on the way to school/work.

1. Where do you eat breakfast?
2. What do you buy to eat?
3. Do you always buy the same breakfast?
4. Is your breakfast healthy?
5. Do you buy anything to drink?



b. Breakfast at home.

1. What do you like to have for breakfast?
2. Do you make your own breakfast?
3. Do you usually have the same breakfast?
4. Do you have breakfast with the other people in your house, or do you eat alone?
5. Do you like eating breakfast?