

Teacher's Guide.



WHAT'S FOR BREAKFAST

Lesson Objectives

Students learn about breakfast foods, how to ask for certain things in the kitchen and practice talking about breakfast.

Target Language

Would you like some more toast?

Can I have 2 slices of toast, please?

What would you like on your sandwich?

Avo, bacon, and egg, please.

What would you like to drink?

A glass of soy milk, please.

Would you like some cereal?

I would love some muesli, please.

Vocabulary

toaster	toast	bread	a slice of toast
pancake	loaf	slice	sandwich
croissant	bun	roti	cornbread
flatbread	naan	waffle	bread rolls
cereal	milk	soy milk	a glass of milk
muesli	yogurt	oatmeal	dumplings, etc.

People often talk about breakfast as 'the most important meal of the day'. Do you agree or disagree?

Eating breakfast provides energy and strength to help your body perform at its best. "Would you go on a road trip in your car if the tank is empty?"

Your body is the same after sleeping all night. You need energy!

