

Teacher's Guide.



HOW TO MAKE MY BED

Lesson Objectives

Students learn how to give step by step instructions to make a bed.

Target Language

Before you do anything...

after that, you can...

First of all....

lastly

First you...

second...

Then you...

next you...

Now....

and finally you...

1. **[First]** you clear the bed.
2. **[Second]**, you...
3. **[Next]**, you...
4. **[Now]** you...
5. **[Lastly]**, you...

Vocabulary

Before, after that, first, second, then, next, now, and finally.

Cushions, bunk beds, mattress, stuffed animal, sheet, double bed, blanket, single bed, pillow, duvet

You've probably heard it from your mother a million times, but making your bed every morning is a must. About 59% of people don't make their bed in the morning. Is it because they don't know how or because they just don't want to? People who make their bed every morning are 19% more likely to get a good night's sleep each night.

Making your bed is an easy and quick daily task. Making your bed can make you feel ready to take on the day.