

Discussion Questions

Worries

Student A

1. What are you worrying about at this moment?
2. Do you, or did you, worry about doing your homework?
3. Do you worry about being smaller or bigger than the people around you?
4. Do you worry about what you are going to wear tomorrow?
5. Did you cause your parents any worries when you were a child?
6. What do you worry about the most; money, family, or future?
7. Do you worry about your weight?
8. Is there anything in your country that you worry about?
9. Every pot has a lid = There is someone out there for everyone. Have you met your partner/future partner yet? Do you worry about this?
10. Do you worry about things you've done in the past? Do you want to go back and change them?

Student B

1. What chore in your daily life worries you the most?
2. What small things in life do you worry about?
3. Do you, or did you, ever worry about being late for school?
4. Does your child/sibling cause you any worries?
5. Do you worry about other people judging you? Where & when?
6. Do you worry about your fitness level?
7. What future age do you worry about? (30, 40, 50, 60, 70, etc.)
8. We sometimes hear about “food scares”. What is your biggest “food” concern?
9. Fear of loneliness is one of the top worries in the world. Do you worry about being lonely?
10. Do you worry about future changes? (Getting a different job? Moving to another city/country? Etc.)