



RESOLUTIONS

Key Expressions to Use

<ul style="list-style-type: none"> • My resolution is to... • I want to... because... • It's hard/easy because... • In the future, I hope to... • What about you? 	<ul style="list-style-type: none"> • That's a good idea... • I learned that... • We should... • In my opinion... • It's better to... because...
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Student A	Student B
<ol style="list-style-type: none"> 1. Do you usually make New Year's resolutions? Why or why not? 2. What's one resolution you've made in the past? Did you keep it? 3. What resolution would you make for your health or fitness? 4. Do you want to learn something new this year (language, skill, hobby)? What? 5. What's a bad habit you'd like to change with a resolution? 6. Would you make a resolution to travel more? Where first? 7. Do people in your country make resolutions? Common ones? 8. What's easier: making a resolution or keeping it? Why? 9. If you could make a resolution for the world, what would it be? 10. How do you stay motivated when working on a resolution? 	<ol style="list-style-type: none"> 1. What's a resolution you'd make for your studies or work? 2. Do friends/family help you keep resolutions? How? 3. Would you rather make small easy resolutions or big challenging ones? 4. Have you ever broken a resolution quickly? Funny story? 5. What's a resolution about money or saving? 6. Do apps or trackers help with resolutions? Which ones? 7. What's one resolution you'd make for relationships (family/friends)? 8. Do you think resolutions help people change, or are they just words? 9. If success was guaranteed, what resolution would you make? 10. Share your top 3 resolutions for the next few months!

Extra Follow-up Questions

<ul style="list-style-type: none"> • Why? • Tell me more... • What about you? • What about in your country? 	<ul style="list-style-type: none"> • Do you agree? • Have you ever...? • How do you feel about it?
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Quick Reflection (optional)

<p>After your discussion:</p> <ul style="list-style-type: none"> • What's one resolution you heard that inspires you? • Which question did you find the most interesting? Why? • Which answer surprised you the most? • Share one thing you learned about your partner.
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