

Discussion Questions

Food & Eating

Student A

1. What about other people's table manners annoy you the most?
2. What do you think of people who eat food on trains or buses?
3. Do you like watching TV whilst you eat?
4. How many servings of fruits and vegetables do you have per day?
5. What do you consider a healthy diet?
6. What do you sometimes/often eat that you shouldn't eat?
7. What is the meaning of "Bon appetite"?
8. Which kind of milk do you usually drink?
9. What snacks should be in a child's lunch box?
10. Where do you usually eat breakfast?

Student B

1. Do you have any rules in your house when you eat?
2. Where in your house is your favorite place to eat?
3. How many kinds of vegetables should a person eat per day?
4. How often do you eat fish?
5. Why is dark chocolate supposed to be so healthy?
6. Do you like to have a midnight snack?
7. Some people eat 4-6 small meals a day. What do you think of this idea?
8. How would you explain "eating a mostly plant-based diet"?
9. Is it a good idea to include some "treats" in a child's lunch box?
10. What kind of snacks do you like?