



GROCERY SHOPPING

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PDF 1 – Warm-up, Reading & Comprehension

1. Warm-up (3-5 minutes)

- What do you see in the picture?
- Do you sometimes go grocery shopping?
- Who do you go with?
- What foods do you like to buy?



2. The Story

Last Saturday Mom said, “Let’s go grocery shopping!” My little brother and I were excited to help. We drove to the big supermarket and took a big trolley. I pushed it. At first it was hard to turn, but I got better!

We looked at Mom’s shopping list and walked around the store. We put lots of fresh fruit and vegetables in the trolley — red apples, yellow bananas, and carrots. My brother saw his favourite cereal and asked, “Mom, can we buy this?” Mom smiled and said, “Okay, just one box!”

At the checkout the line was long. We helped put everything on the belt. The bags were heavy! I carried two small bags to the car. When we got home, we put all the food away together. The fridge and cupboards looked so full.

I like going grocery shopping with Mom and my brother. It’s fun and I learn the names of many foods. Best of all, we talk and laugh together. After shopping, our family always eats well!

3. Vocabulary

Nouns: trolley, supermarket, shopping list, fruit, vegetables, apples, bananas, carrots, cereal, cookies, checkout, belt, bags, fridge, cupboards

Verbs: push, help, drive, walk, put, buy, ask, carry, put away, learn

Adjectives: excited, fresh, favourite, heavy, full, big

4. Comprehension Questions

1. Who went grocery shopping?
2. What did the boy push?
3. What fresh foods did they buy?
4. What did the little brother want?
5. What did the children do at the checkout?
6. What did they do when they got home?
7. Why does the boy like grocery shopping?

5. Fun Speaking / Personalization

Find and Number! (Use the picture)

1. The big trolley
2. The boy pushing the trolley
3. The little brother
4. Mom with the clipboard
5. Fresh fruit and vegetables
6. Cereal boxes on the shelf
7. The checkout counters
8. The full shopping bags