

Teacher's Guide.



HAVE A BREAK

Lesson Objectives

Students practice asking polite questions about tea time / having a break.

Practice talking about tea time snacks.

Target Language

Can I please have...?

Have you tried the...?

Let's try the...

I am going to have...

Vocabulary

Crackers, sandwich, toasted sandwich, biscuit, donut, muffin, peanuts, orange juice, etc.

Study shows that the best time of the day to take a break is between 10 o'clock and 11 o'clock.

What makes breaks most beneficial (good for you) is that you're doing something that you like and something you choose; something enjoyable.

Everyone needs a bit of a break from school/work during the day, even if it's just to take a five-minute nap.