



ROUTINE

Words that you should be familiar with and know how to use in a sentence.

Go to bed	Get up	Wake up	Have breakfast
Go home	Sleep	Brush hair	Do homework
Have lunch	Shave	Watch TV	Make the bed
Have dinner	Work	Brush teeth	Put on makeup
Go to work	Go online	Cook dinner	Go for a walk
Go to school	Get home	Play games	Play with friends
Get dressed	Drink water	Go shopping	Water the plants
Take a shower	Exercise	Do the laundry	Hang the clothes
Do homework	Take a taxi	Cut the grass	Iron the clothes
Have lessons	Take a break	Feed the fish	Fold the laundry
Ride a bicycle	Walk the dog	Feed the dog	Sweep the floor
Draw pictures	Surf the net	Wash the car	Do the dishes

Idioms

A walk in the park - Something that is very easy to do

Keep in Touch - To stay in contact with someone

To lose touch - To stop communicating with each other

To play with fire - To do something that could cause you trouble later

To cook up a storm - To cook a great deal of food

To make someone's day - To make someone feel very happy

To ring a bell - It reminds you of something, but you cannot remember

To hit the books - To study very hard

Me time - Time when you can do what you want to do