

Warmup.



ROUTINE

1. Do you usually do the same thing every day; get up at the same time, eat lunch and go to bed at the same time?
2. Do you have friends or family who follow similar routines?
3. Do you like your routine? Why or why not?
4. What would you like to change if you could change something in your daily routine?
5. What time and where do you usually have breakfast?
6. Do you do exercises in the morning?
7. Do you go to bed before midnight or past midnight?
8. Whom do you like to have dinner with? Where?
9. Do you go to the gym after school/work? Do you do any sports after school/work?
10. Is there a routine that your mother/girlfriend/wife has that you don't like?

