

True or false?



EXERCISE

Decide if these sentences are True or False



	True	False
1. It is healthy to exercise.	_____	_____
2. Eating healthy food is not important.	_____	_____
3. If you want to look good you must exercise.	_____	_____
4. It's easy to find time to exercise during the day.	_____	_____
5. Exercise will not make you happy.	_____	_____
6. Swimming is good exercise.	_____	_____
7. Exercise is only for children and old people.	_____	_____
8. Yoga is only for girls.	_____	_____
9. Girls can do weight lifting.	_____	_____
10. Exercise can make you live longer.	_____	_____
11. It is not cheap to join a gym.	_____	_____
12. Cycling is more fun than jogging.	_____	_____

