

# Discussion Questions

## Happiness

### Student A

1. What do you need to change to be happier?
2. Are you happy when you wake up in the morning? Why, or why not?
3. Are the people in your country generally happy?
4. What activity or hobby makes you happy?
5. Do you need money to be happy?
6. Are single or married people happier?
7. What makes you unhappy?
8. Does happiness have a scent? (What does it smell like? Coffee, chocolate, fresh air, money, etc)?
9. What would you do on a free day?
10. At age the of 100, what you would regret not doing/trying?

### Student B

1. Are you generally a happy person?
2. Where in the world could be the happiest place for you?
3. Does your happiness dependent on yourself or other people?
4. What are some of the things that you do to make yourself happy?
5. Does having an animal/pet make you happy?
6. What is something small that always makes you smile?
7. What has been the happiest moment in your life?
8. How happy are you compared with your friends?
9. What is more important than happiness?
10. Does your happiness change daily, weekly, monthly, or yearly?  
Explain.