



BODY PARTS STARTER

Teacher's Guide & Warm-up

Level: A1 (True Beginner / Basic)

Target Age: Young learners or adult beginners

Time: 30–50 minutes

Focus: Introduce 12–15 basic external body parts using pictures, repetition, gestures, and very simple sentences.

Main Vocabulary: head, eyes, nose, mouth, ears, hair, hand, arm, leg, foot, finger, toe (plus optional: neck, shoulder)

Structures: I have one head. / I have two eyes. / This is my nose. / What is this? / How many...?

Lesson Objectives

By the end of the lesson, students will be able to:

- Recognize and name 10–15 basic body parts.
- Say simple sentences: "I have one/two [body part]."
- Point to body parts when asked.
- Participate in basic repetition and a simple game.

Materials

- This PDF (Teacher's Guide)
- PDF 2: Flashcards
- PDF 3: Vocabulary & Grammar Practice
- PDF 4: Speaking & Fun Activities
- Whiteboard/markers, projector (optional), space for standing/moving

How to Teach the Lesson – Step by Step

1. Warm-up (5–10 min)

Use the warm-up questions below. Teacher models, students repeat chorally, then point to their own body.

2. Present New Vocabulary (10–15 min)

- Show flashcards (PDF 2) one by one.
- Teacher says the word clearly, points to the body part on self, students repeat 3 times.
- Add simple sentence: "This is my head." / "I have one head." / "I have two eyes."
- Drill chorally, then individually. Use gestures (touch/point).

3. Controlled Practice (10–15 min)

- Hand out PDF 3 pages.
- Do picture labeling, matching, "How many?" pointing/repeating, missing letters together or in pairs.

4. Fun & Freer Practice (5–10 min)

- Play "Teacher Says" (from PDF 4).
- Do pair conversations or quick class quiz (PDF 4).

5. Wrap-up (3–5 min)

- Quick review: Teacher points to body parts, students shout the name + "I have one/two...".
- Praise and homework: "Point to your eyes at home and say 'I have two eyes!'"

Tips

- Speak slowly and clearly. Use lots of gestures and repetition.
- For very low beginners: Start with 8–10 parts only.
- Make it fun: Smile, exaggerate movements, use praise ("Good job!").
- If students are young: Add song link from PDF 4 (Heads, Shoulders, Knees & Toes).

Warm-up Questions – Teacher-Student Activity

(Do as a whole class circle or standing. Teacher models first, students repeat chorally, then point to own body.)

1. What is this? (point to head) → It's my head!
2. How many heads do you have? → I have one head.
3. What are these? (point to eyes) → They are my eyes!
4. How many eyes do you have? → I have two eyes.
5. Touch your nose! What is it? → It's my nose.
6. How many noses do we have? → We have one nose.
7. What do you use to see? → My eyes!
8. What do you use to hear? → My ears!
9. Touch your hands! How many hands do you have? → I have two hands.
10. What do you use to walk? → My legs / feet!

(Repeat with arms, legs, fingers, toes. Keep it energetic!)