

Discussion Questions

Sit

Student A

1. How many hours a day do you sit?
2. Where is your favorite place to sit?
3. Do you feel sleepy when you are sitting?
4. Would you stop sitting down if it meant you lived longer?
5. What is the exercise called where we sit up, lie down on our back, sit up, lie down, repeat, repeat, repeat? How many of these do you do a day? *S _ t - _ _ p s*
6. Do you sit on a comfortable chair in your classroom?
7. In some countries, fast food outlets have standing tables only. What do you think of standing whilst eating?
8. Do your family members have a specific seat when they are having a family meal?
9. Would you like to be a train driver where you can sit all day and never move around?
10. When you go to the cinema, do you like to sit in the front, middle or at the back?

Student B

1. What is the first thing that you think of when you hear the word 'sit'?
2. Do you like to sit down for a long time?
3. When you were a kid, did you usually sit on the floor?
4. How can you exercise while sitting down?
5. Do you sit on a comfortable chair when you do your homework?
6. When you take the bus, do you usually sit or stand?
7. What is the longest you've ever been standing at one time?
8. When do you enjoy sitting down the most?
9. Do you have a special place where you sit and watch TV?
10. Would you like to sit on a beach right now and look at all the beautiful people around you?