



NUMBERS & TIME

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Lesson Overview

This lesson helps students learn and practice numbers and how to tell the time in English. Students will practice counting, saying big numbers, phone numbers, prices, and telling the time using everyday expressions.

Level: A1-A2

Lesson Time: 45-60 minutes

Warm-Up Discussion

Ask students:

- Do you like numbers and math?
- How old are you? (or How old is your brother/sister?)
- What time do you wake up in the morning?
- What time do you go to bed?
- Can you say your phone number in English?

Activity 1: What Can You Count?

The teacher says a number. Students quickly name something related to that number.

Examples

3 – I have 3 brothers. / There are 3 chairs.

10 – It's 10 o'clock. / I have 10 fingers.

18 – I am 18 years old.

30 – It's half past 3. / A bus ticket costs \$30.

100 – There are 100 cents in a dollar.

Encourage students to give different answers and explain.

Activity 2: What Time Is It?

The teacher says a time (or shows it on a clock) and students shout the correct answer.

Teacher's Time List

7:00 → It's seven o'clock!

8:30 → It's half past eight!

9:15 → It's quarter past nine!

10:45 → It's quarter to eleven!

12:00 → It's twelve o'clock!

2:55 → It's five to three!

Target Language

- What time is it?
- It's ___ o'clock.
- It's half past ___.
- It's quarter past / quarter to ___.
- My phone number is...
- How much is it?
- I'm ___ years old.

Teacher Tips

- Bring a small clock or use your phone to show times.
- Encourage students to ask each other: "What time is it?" and "What time do you...?"
- Practice numbers slowly and clearly — repeat as needed.
- Numbers & time are very practical topics that students use every day, making this a very useful lesson.