## **WARM-DOWN**



## **OBJECTS**

## 1. Counting backward

Explain that you are going to count backward from '100 to 1'. Get the group into a circle and count in a round-robin manner. If you are happy with the progress of the group you can modify this by changing the fifth number to a color, i.e. 100, 99, 98, 97, 96, pink, 94, 93, 92, 91, orange...

