



SHOPPING BASICS

Lesson Title: Shopping Basics – Food & Simple Shopping

Level: Basic (A1) – Absolute beginners

Time: 45–60 minutes

Goal: Students learn to name 12 common shopping items and say very simple sentences like "This is an apple." and "I want milk."

Important for teachers:

- Use lots of pictures and gestures.
- Speak slowly and clearly.
- Smile and praise students a lot ("Good job!", "Very good!").
- It's OK if students are shy or make mistakes. Repeat and help them.
- No need for perfect English from you or students. Just have fun!

Vocabulary (12 items – show pictures only first):

apple – banana – bread – milk – egg – cheese – tomato – chicken – rice – water – supermarket – money (dollar)

Key sentences (repeat many times):

- This is [item].
- I like [item].
- I want [item].
- How much is it?
- It's [number] dollar(s). (Use \$1, \$2, \$3 pictures.)

PDF 1: Teacher Only – Warm-up & Guidelines

(Print this for yourself. Students do not see it.)

Hello teacher!

This lesson is very easy. Follow these steps. Everything is step by step.

Lesson objectives (what students learn):

- Name 12 shopping items with pictures.
- Say "This is...", "I like...", "I want...".
- Ask and answer "How much is it?" with simple prices.

Materials you need:

- PDF 2 Flashcards (print or show on phone/computer).
- PDF 3, 4, 5 worksheets (print one per student).
- Optional: real fruit/bread/milk carton to show (if you have).

Warm-up (10–15 minutes – very important!)

1. Smile and say "Hello! Today we learn shopping!"
2. Show flashcards one by one (from PDF 2, picture side only).
Say slowly: "This is apple." (point to picture, touch your mouth, repeat 3 times).
Students repeat after you.
3. Do for all 12 items. Repeat 2–3 times. Use gestures (eat for apple, drink for milk).
4. Play "Pointing game": Say "Point to banana!" Students point. Say "Good!"
5. Teacher-student: Ask one student "What is this?" (show picture). Help if needed.
6. Pairs: Students show picture to partner and say "This is...". Walk around and help.

Tip: Repeat everything 3–5 times. Beginners need this! Don't worry about mistakes.
Go to PDF 2 for flashcards.