

Discussion Questions

Vegetables

Student A

1. How often do you eat a green salad?
2. Which color vegetables do you eat the most?
3. How many different ways can you think of to cook vegetables?
4. How many different vegetables can you name that are yellow/orange?
5. What vegetables did your mother force you to eat that you didn't like?
6. What vegetables would you like to have in your garden?
7. Do you ever make or buy vegetable smoothies? Which is your favorite?
8. If any, which vegetable roots do you eat?
9. How many vegetables can you think of that can be eaten raw or cooked?
10. Which vegetable do we often eat when cooked on its cob?

Student B

1. Can you think of 4 places where we can buy fresh vegetables?
2. What are your favorite green salad ingredients?
3. Do you consider a tomato, a cucumber, and an avocado pear as vegetables or fruit?
4. How many different vegetables can you name that you can put on a sandwich?
5. Besides cabbage, what other vegetables are part of the cabbage family?
6. If ever, how often do you eat canned vegetables? Do you like it?
7. Which vegetable contains no calories? Do you eat it?
8. How many colors of bell peppers do you know?
9. What is Popeye's favorite vegetable?
10. Which plants are often called "alternative meat" because they are rich in protein?