



READ & DISCUSS

Chai Tea

An exotic blend of spices, tea, milk and sugars makes up one of today's most favorable drinks. Originally enjoyed deep in the heart of India, Chai tea has entered the Western zeitgeist. Introduced to Britain over a decade ago, Chai tea is an inexpensive yet sophisticated alternative to coffee and has found particular popularity amongst the youth.



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With a recipe perfected in the factories to resemble the authentic Indian taste but without the long preparation time, Chai tea has been developed into an instant tea enjoyable both hot and cold. With brewing time being around 3-5 minutes, busy-bodied workers can now also enjoy this aromatic blend of spices that initially took close to an hour to stir up with various steps involved.

Preparation today simply requires a spoonful of the tea powder, a cup full of hot water and/or some milk and topped with optional cinnamon powder. What makes Chai even more versatile and popular is that it is easily blended with other teas, such as Rooibos or Ginger, thus giving a sense of familiarity to those of us unfamiliar with this blend from the East. Finally, what may ultimately be behind Chai's success outside of India is that it makes for a sensational latte when mixed with a dash of coffee and milk.

Follow-up & Discussion Questions

1. What do you know about 'Fair Trade'?
2. What are your main reasons for buying Fair Trade products?
3. Are you willing to pay a little more for organic or Fair Trade tea?
4. Since tea is considered a healthy drink, do you think it should be taxed?
5. Is tea a drink for all seasons?

The End! Thank you ladies and gentlemen, go home and drink some tea.

*This can be a teacher-student discussion, pair work or a group discussion.
! Don't be Shy !*

